

Scientific Program

DAY I

8TH NOV, FRIDAY

HALL I

09.30-10.45 am **Curtain Raiser - What was new this year?**

- 2min • Introduction - JJ Dalal
- 10+5min • Exercise-Induced Cardiac Troponin I - PP Mohanan
- 10+5min • Polypill for Cardiovascular Disease Prevention in an Underserved Population - K Venugopal
- 10+5min • Trial - NV Deshpande
- 18 + 4min • Year in Hypertension - B Williams
- 2min • Concluding remarks - TBD

10.45-12.00pm **Atrial Fibrillation**

- 12+6min • Long term complications of A fib - U Pandurangi
- 18+4min • Post operative A Fib : Is it benign? - B Gersh
- 12+6min • Which NOAC for which patient? - A Bhagwat
- 12+6min • Emerging indications for RF ablation - A Vora
- Discussion

12.00-1.15pm **Rethinking current treatment strategies of BP Management**

- 12+4min • Home BP monitoring - T Nair
- 12+4min • Round the clock control of BP - NV Deshpande
- 12+4min • Is sodium restriction effective for lowering blood pressure?
- U Jadhav
- 18min • New NICE guidelines : a realistic compromise? - B Williams
- Discussion

1.15-2.00pm **Lunch**

2.00-3.15pm **Combination therapy - A trend set in India**

- 18+4min • How wider use of combinations will improve control of the main cardiovascular risk factors - R Gupta
- 18+4min • Therapeutic Adherence- mainstay in reaching BP goal
- JJ Dalal
- 18+4min • Triple drug antihypertensive SPCs: the logical choice for Indian scenario - S Ray
- 5min • Discussion

3.15-4.30pm **Cardiology, Kidney & Diabetes (CKD)**

- 6min • Introduction
- 20min • The benefits of GLP1RAs and SGLT2i on CV outcomes: how similar? how different?- S Del Prato
- 20min • Is DAPA HF a game changer? - J McMurray
- 20min • Discussion
- 2min • Closing remarks

4.30-5.15pm **Adda Break**

5.15-6.30pm **Panchayat - Off patent Ticagrelor, a turning point in management of ACS?**

- 12min • Plaque to thrombosis to ACS - R Mathew
- 12min • P2Y12 inhibitors : How they are different - G Koshy
- 12min • DAPT up-to-date - MS Hiremath
- 12min • ACSnomics - HM Mardikar
- 30min • Discussion

6.30-7.30pm **Panchayat - Lipid Management**

- Introduction
- 15min • Is it right time to screen for high LPA? - S Ray
- 1min • Hypertriglyceredemia : How to diagnos & how to treat? - S Kale
- 15min • High dose statins in the era of PCSK9 inhibitors – JJ Dalal
- 15min • Discussion

DAY I

8TH NOV,FRIDAY

HALL II

09.30-10.45 am **Curtain Raiser - What was new this year?**

- 2min • Introduction - S Kale
- 12+5min • Lack of Glycemic Legacy Effects in the Veterans Affairs Diabetes Trial - A Nigam
- 12+5min • Calorie restriction and cardiometabolic risk - U.Ayyagari
- 12+5min • Year in Diabetes - M Fisher
- 12+5min • Age at diagnosis & CV disease - S Kale
- 2min • Concluding remarks - A Nigam

10.45-12.00pm **Personalised medicine - for CV Disease in young diabetics**

- 15+3min • Calcium score & CT Angio - N Desai
- 15+3min • Aspirin, statin or both? - SS Iyengar
- 15+3min • Oral combination therapy in early stage - P Gaede
- 20min • Panel Discussion
- Q & A

12.00-1.15pm **Reducing hypoglycaemia in patients treated with insulin**

- 18min • Impact of hypoglycaemia - M Fisher
- 18min • Impact of impaired renal function - S.Shah
- 18min • Impact of addition of SGLT2 inhibitors - S Del Prato
- 20min • Discussion

1.15-2.00pm **Lunch**

2.00-3.15pm **Drugs for the Heart in Diabetes Session I**

- 20min • Will paradigm shift away from SU's? -A.K.Das
- 20min • Have DPP4 inhibitors come to a dead end?- S Kale
- 20min • Alpha Glucosidase Inhibitors & Heart- M John
- Discussion

3.15-4.30pm **Drugs for the Heart in Diabetes Session II**

- 18min • The right glucose-lowering drugs for the right patient - A.K.Das
- 18min • T2DM Management Beyond HbA1c: The
- 18min • Vasculo-Metabolic Axis & Place of SGLT2-inhibitors - C K Ponde
- 20min • Revisiting STENO & CV risk reduction with newer glucose lowering drugs - P Gaede
- Discussion

4.30-5.15pm **Adda Break**

5.15-6.30pm **EACD Classroom - Session I**
Personalised medication in type 2 DM

- 25min • The Era of Precision medicine in diabetes - S Del Prato
- 25min • Personalised treatment of HF - J McMurray
- Discussion

6.30-7.30pm **EACD Classroom - Session II**
New Insights

- 20min • Do we need lower BP targets for diabetics? - B Williams
- 20min • Circulating liver enzymes & Diabetes - E Ferrannini
- Discussion

2.00-3.15pm ECG Masterclass

- B Gersh, U Pandurangi & Ajay Naik

3.15-4.30pm ECG Quiz

- by submission

9.00-10.15am **Gaps in Knowledge - AMI**

- 12+6min • Lytic therapy when PCI center in nearby - R Mathew
- 12+6min • Beta blockers in post AMI management - A Banerjee
- 12+6min • Cardiogenic Shock - A Dhall
- 12+6min • AICD indication - do we need to revisit in era of ARNI & SGLT2i ? - U Pandurangi
- Discussion

10.15-10.45am **Adda Break****10.45-12.00noon** **Guest Lectures**

- 20+5min • Insulin resistance - E Ferrannini
- 20+5min • Understanding nuances in management of HT : Protecting Hearts and Minds - B Williams
- 20+5min • New guidelines in DM - S Del Prato

12.00-1.15pm **Guest Lectures**

- 20+5min • Treating patients with HFpEF : WHAT progress are we making? - J McMurray
- 20+5min • Diabetes prevention and early treatment - S Del Prato
- 20+5min • Cardiovascular consequences of sleep apnea and what can we do about it ? - B Gersh

1.15-2.00pm **Lunch****2.00-3.15pm** **Panchayat**

- Introduction
- 25min • SGLT2 inhibitors, CREDENCE & Peep into future - E Ferrannini
- 30min • Discussion

3.15-4.30pm **Opportunities to optimise management of HF**

- Introduction
- 15min • Walk-in patient with stable HF patient - B Pinto
- 20min • Patient of decompensated HF at discharge - J McMurray
- 30min • Panel Discussion & audience interaction

4.30-5.15pm **Adda Break**

5.15-6.30pm Panchayat - Blood Pressure in a 100-Year Perspective

- 20min • Understanding Hypertension - E Ferrannini
- 20min • How did we arrive at proper targets? - T Nair
- 20min • Redefining diuretics use in hypertension: why select a thiazide-like diuretic? - B Williams
- Discussion

6.30-7.00pm Award Ceremony

- 15min • Legends Talk
- Legend of Diabetes Award

7.00pm Champagne Reception

7.30pm Dinner

DAY II

9TH NOV, SATURDAY

HALL II

8.00-9.00am Breakfast Session - Mini-Debates

• **Treating Obesity & Diabetes - Start with metformin & SGLT2 i combination**

- 12min • Pro - S Kota
- 12min • Con - S.Shah
- 6min • Discussion

• **Treating BP Control - Drug Matters**

- 12min • Pro - K Venugopal
- 12min • Con - T Nair
- 6min • Discussion

9.00-10.15am Gaps in Knowledge - CardioDiabetes

- 12+6min • Efficacy and safety of SGLT2 inhibitors in elderly - M Fisher
- 12+6min • Nocturnal hypertension in diabetes - JJ Dalal
- 12+6min • Who should be the Leader? Diabetologist, Nephrologist or Cardiologist? - A Kirpalani
- 12+6min • Aspirin for primary prevention in Diabetes - JS Bhuvaneshwaran
- 15min • Discussion

10.15-10.45am Break

10.45-12.00noon **Debate & Discuss**

- Should HbA1c still be the main target for diabetes treatment?
- 15min • Pro - U Ayyagari
- 15min • Con - P Gaede
- 3min • Rebuttal I
- 3min • Rebuttal II
- 10min • Discussion
- 18min • Controversies about HbA1c targets - Gananpathi
- 10min • Discussion

12.00-1.15pm **Targets.....Targets.....Targets.....**

- Blood pressure target to $<120 / <70$ mmHg associates with poor outcome
- 15min • Pro - A Bhagwat
- 15min • Con - PP Mohanan
- 3min • Rebuttal I
- 3min • Rebuttal II
- 10min • Discussion
- 18min • HT Management - Identifying right patient & right target
- B Williams
- 10min • Discussion

1.15-2.00pm **Lunch**

2.00-3.15pm **Insulin Symposium**

- 15min • Moving from Orals to Injectables.... Why, When & How?
- A Nigam
- 15min • Choosing basal insulin over SGLT2 inhibitors - P Gaede
- 15min • BE-SMART: Basal Early Strategies to Maximize A1C Reduction with Oral Therapy - V Neglur
- 15min • Dissecting head to head data of newer generation basal insulin - AG Unnikrishnan
- 15min • Discussion

3.15-4.30pm **The real science behind what we eat!**

- 18min • Gut response to food - E Ferrannini
- 15min • Intermittent fasting - Ganapathi
- 18min • Scientific evidence of diet in cardio-metabolic health
- Rajiv Gupta
- 20min • Discussion

4.30-5.15pm

Adda Break

5.15-6.30pm

Open Mike symposium

- 8 slides + 10mins • Reducing obesity with antidiabetics - S Shaikh
- 8 slides + 10mins • Postprandial hyperglycemia - A Nigam
- 8 slides + 10mins • Pioglitazon in clinical practice - M John
- Discussion

6.30-7.00pm

Award Ceremony

- 15min • Legends Talk
- Legend of Diabetes Award

7.00pm

Champagne Reception

7.30pm

Dinner

DAY II

9TH NOV, SATURDAY

HALL III

9.00-10.15am

Digital apps for diabetes treatment and prevention: opportunities and challenges

- Doctor and patient perspective
- Diabetes educator perspective
- Revenue model for the doctor
- Revenue for the industry

10.15-10.45am

Break

10.45-12.00noon

Contentious issues in management of Young Diabetics (<40yrs)

- 12+6min • Dealing with atypical diabetes in India- Ganapathi
- 12+6min • Should we start insulin early? - R Adlyn
- 12+6min • Should everybody receive Aspirin & Statin ? - A Banerjee
- 12+6min • Are DPP4 inhibitors still second line therapy after Metformin?
- M Fisher
- Discussion

12.00-1.15pm **Contentious issues in management of Diabetes**

- 12+6min • Anemia Ferritin and Iron therapy in diabetes- V.Negalur
- 12+6min • Fatty Liver which tests? which OADs? -A Nigam
- 12+6min • D2d study- Vit D and type 2 diabetes- Sunil Kota
- 12+6min • Range of blood glucose in a day A new target?in type 2 dm - S Shaikh

1.15-2.00pm **Lunch**

2.00-3.15pm **Contentious issues - Management of HF**

- 12+6min • IV decongestion therapy in-hospital - K Sharma
- 12+6min • Mineralocorticoid receptor antagonists - GL Sharma
- 12+6min • When to start beta blockers? - A Naik
- 12+6min • How to prevent hyponatrimia? - S Banerjee

3.15-4.30pm **So called Vices - Advising patients based on science**

- 15min • The Chocolates - Shilpa Joshi
- 15min • The red wine - S Kale
- 15min • Alcohol - S Ray
- 30min • Discussion

DAY II

9TH NOV, SATURDAY

EACD Classroom

9.00-10.00am **EACD Module III**

- Pregnancy & Diabetes- Moderators-S.Kale , S.Shaikh
- Case Based Discussions

10.00-10.45am **EACD Module III**

- Thyroid Disorders- Moderators-S.Shah, M.John
- Case Based Discussions

4.30-5.15pm **EACD Module III**

- Managing type 1 DM-Important aspects- Moderators-A Nigam, M.John
- Case Based Discussions

8.15-9.15am Breakfast session - Living Longer Living Better

- 15+4min • The Secret to Good Health : 10,000 Steps, fitbit & the science - T Nair
- 15+4min • Imaging retina for vascular Health - HM Mardikar
- 15+4min • New devices, asymptomatic A Fib & stroke reduction? - A Bhagwat

9.15-10.45am Prioritizing injectable therapies in diabetes

- 20min • GLP1RAs: From anti-diabetic to cardiometabolic drug - M Nauck
- 12min • CV safety with basal insulins -Uday Phadake
- 12min • Tackling Post Prandial Peaks and Outcomes - S.Kale
- 12min • Acheiving Glycemic Goals :Indian reality- Vijay Vishwanathan
- 20min • Discussion

10.45-12.15pm EASD Highlights

- 15min • Comparing metformin vs metformin plus Vildagliptin - the VERIFY trial - P Gaede
- 15min • Comparing degludec vs U200 glargine - the CONCLUDE trial - P Gaede
- 15min • Comparing semaglutide vs canagliflozin - the SUSTAIN 8 trial - M Fisher
- 15min • CV outcomes with linagliptin vs glimepiride - the CAROLINA trial - M Fisher
- 15min • Discussion

12.15-1.30pm Futuristic view of cardio-diabetes management

- Introduction
- 18min +6min • Incretin-based therapies: where will we be 50 years from now? - M Nauck
- 18min +6min • What Does the Future Hold? - E Ferrannini
- 10min • Discussion

1.00pm Lunch

9.15-10.45am Guest Lectures

- 25+5min • The need for new trials of old drugs: ACEi/ARB and beta blockers in post MI patients - B Gersh
- 25+5min • Takustubo Cardiomyopathy - J Bax
- 25+5min • The very high risk CVD-role of PCSK9 inhibitors - JJ Dalal
- Discussion

10.45-12.15pm Stroke for Physicians

- 25+5min • Acute stroke : Time is brain - S Hastak
- 15+5min • Control of BP in stroke - S Bansal
- 15+5min • Algorithm Based Management with Dabigatran - G Koshy
- 15min • Discussion

10.45-12.15pm Clinical Scenarios

- 12+6min • Calcium score & CT coronary angio in high risk patients - MS Hiremath
- 12+6min • What Physicians should know about FFR? - R Mathew
- 12+6min • Heart rate reduction - S Sathe
- 12+6min • Type A Aortic dissection : a tough call - S Banerjee
- Discussion

1.00pm Lunch

EASD Postgraduate Education Course

11.00am-12.15pm **Session I**

- Introduction
- 30min • Glycaemic management to reduce micro and macro-vascular disease - M Fisher
- Discussion
- 30min • Insulin management for type 1 and type 2 diabetes - P Gaede
- Discussion
- Closing Remarks

12.15-1.00pm **Workshop I**

- Glycaemic management to reduce micro and macro-vascular disease

1.00-1.45pm **Lunch**

1.45-2.30pm **Workshop II**

- Insulin management for type 1 and type 2 diabetes

2.30-3.45pm **Session II**

- Introduction
- 30min • Multi-risk factor interventions - Steno 2 and beyond - P Gaede
- Discussion
- 30min • Future prospects for glycaemia, lipids and blood pressure management - M Fisher
- Discussion
- Closing Remarks

3.45-4.00pm **Certification & photograph**