Curtain Raiser - What was new this year?

09.30-10.45 am
- Introduction - JJ Dalal
- Exercise-Induced Cardiac Troponin I - PP Mohanan
- Polypill for Cardiovascular Disease Prevention in an Underserved Population - K Venugopal
- Trial - NV Deshpande
- Year in Hypertension - B Williams
- Concluding remarks - TBD

Atrial Fibrillation

10.45-12.00 pm
- Long term complications of A fib - U Pandurangi
- Post operative A Fib : Is it benign? - B Gersh
- Which NOAC for which patient? - A Bhagwat
- Emerging indications for RF ablation - A Vora
- Discussion

Rethinking current treatment strategies of BP Management

12.00-1.15 pm
- Home BP monitoring - T Nair
- Round the clock control of BP - NV Deshpande
- Is sodium restriction effective for lowering blood pressure? - U Jadhav
- New NICE guidelines : a realistic compromise? - B Williams
- Discussion

Combination therapy - A trend set in India

1.15-2.00 pm Lunch

2.00-3.15 pm
- How wider use of combinations will improve control of the main cardiovascular risk factors - R Gupta
- Therapeutic Adherence- mainstay in reaching BP goal - JJ Dalal
- Triple drug antihypertensive SPCs: the logical choice for Indian scenario - S Ray
- Discussion
### Day I 8th Nov, Friday Hall II

#### 9.30-10.45 am
**Curtain Raiser - What was new this year?**

- 2 min • Introduction - S Kale
- 12+5 min • Lack of Glycemic Legacy Effects in the Veterans Affairs Diabetes Trial - A Nigam
- 12+5 min • Calorie restriction and cardiometabolic risk - U. Ayyagari
- 12+5 min • Year in Diabetes - M Fisher
- 12+5 min • Age at diagnosis & CV disease - S Kale
- 2 min • Concluding remarks - A Nigam

#### 3.15-4.30 pm
**Cardiology, Kidney & Diabetes (CKD)**

- 6 min • Introduction
- 20 min • The benefits of GLP1RAs and SGLT2i on CV outcomes: how similar? how different? - S Del Prato
- 20 min • Is DAPA HF a game changer? - J McMurray
- 20 min • Discussion
- 2 min • Closing remarks

#### 5.15-6.30 pm
**Panchayat - Off patent Ticagrelor, a turning point in management of ACS?**

- 12 min • Plaque to thrombosis to ACS - R Mathew
- 12 min • P2Y12 inhibitors: How they are different - G Koshy
- 12 min • DAPT up-to-date - MS Hiremath
- 12 min • ACSnomics - HM Mardikar
- 30 min • Discussion

#### 6.30-7.30 pm
**Panchayat - Lipid Management**

- Introduction
- 15 min • Is it right time to screen for high LPA? - S Ray
- 1 min • Hypertriglycedemia: How to diagnos & how to treat? - S Kale
- 15 min • High dose statins in the era of PCSK9 inhibitors – JJ Dalal
- 15 min • Discussion
10.45-12.00pm  Personalised medicine - for CV Disease in young diabetics
15+3min  Calcium score & CT Angio - N Desai
15+3min  Aspirin, statin or both? - SS Iyengar
15+3min  Oral combination therapy in early stage - P Gaede
20min  Panel Discussion
  Q & A

12.00-1.15pm  Reducing hypoglycaemia in patients treated with insulin
18min  Impact of hypoglycaemia - M Fisher
18min  Impact of impaired renal function - S. Shah
18min  Impact of addition of SGLT2 inhibitors - S Del Prato
20min  Discussion

1.15-2.00pm  Lunch

2.00-3.15pm  Drugs for the Heart in Diabetes Session I
20min  Will paradigm shift away from SU’s? - A.K. Das
20min  Have DPP4 inhibitors come to a dead end? - S. Kale
20min  Alpha Glucosidase Inhibitors & Heart - M John
  Discussion

3.15-4.30pm  Drugs for the Heart in Diabetes Session II
18min  The right glucose-lowering drugs for the right patient - A.K. Das
18min  T2DM Management Beyond HbA1c: The
18min  Vasculo-Metabolic Axis & Place of SGLT2-inhibitors - C K Ponde
20min  Revisiting STENO & CV risk reduction with newer glucose
  lowering drugs - P Gaede
  Discussion

4.30-5.15pm  Adda Break

5.15-6.30pm  EACD Classroom - Session I
Personalised medication in type 2 DM
25min  The Era of Precision medicine in diabetes - S Del Prato
25min  Personalised treatment of HF - J McMurray
  Discussion

6.30-7.30pm  EACD Classroom - Session II
New Insights
20min  Do we need lower BP targets for diabetics? - B Williams
20min  Circulating liver enzymes & Diabetes - E Ferrannini
  Discussion
2.00-3.15pm **ECG Masterclass**

- B Gersh, U Pandurangi & Ajay Naik

3.15-4.30pm **ECG Quiz**

- by submission
9.00-10.15am **Gaps in Knowledge - AMI**
- Lytic therapy when PCI center in nearby - R Mathew
- Beta blockers in post AMI management - A Banerjee
- Cardiogenic Shock - A Dhall
- AICD indication - do we need to revisit in era of ARNI & SGLT2i ? - U Pandurangi
- Discussion

10.15-10.45am **Adda Break**

10.45-12.00noon **Guest Lectures**
- 20+5min • Insulin resistance - E Ferrannini
- 20+5min • Understanding nuances in management of HT : Protecting Hearts and Minds - B Williams
- 20+5min • New guidelines in DM - S Del Prato

12.00-1.15pm **Guest Lectures**
- 20+5min • Treating patients with HFpEF : WHat progress are we making? - J McMurray
- 20+5min • Diabetes prevention and early treatment - S Del Prato
- 20+5min • Cardiovascular consequences of sleep apnea and what can we do about it ? - B Gersh

1.15-2.00pm **Lunch**

2.00-3.15pm **Panchayat**
- Introduction
- 25min • SGLT2 inhibitors, CREDENCE & Peep into future - E Ferrannini
- 30min • Discussion

3.15-4.30pm **Opportunities to optimise management of HF**
- Introduction
- 15min • Walk-in patient with stable HF patient - B Pinto
- 20min • Patient of decompensated HF at discharge - J McMurray
- 30min • Panel Discussion & audience interaction

4.30-5.15pm **Adda Break**
5.15-6.30pm  **Panchayat - Blood Pressure in a 100-Year Perspective**

- 20min  Understanding Hypertension - E Ferrannini
- 20min  How did we arrive at proper targets? - T Nair
- 20min  Redefining diuretics use in hypertension: why select a thiazide-like diuretic? - B Williams
  - Discussion

6.30-7.00pm  **Award Ceremony**

- 15min  Legends Talk
  - Legend of Diabetes Award

7.00pm  **Champagne Reception**

7.30pm  **Dinner**

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**DAY II  9TH NOV,SATURDAY  HALL II**

8.00-9.00am  **Breakfast Session - Mini-Debates**

- Treating Obesity & Diabetes - Start with metformin & SGLT2 i combination
  - 12min  Pro - S Kota
  - 12min  Con - S. Shah
  - 6min  Discussion

- Treating BP Control - Drug Matters
  - 12min  Pro - K Venugopal
  - 12min  Con - T Nair
  - 6min  Discussion

9.00-10.15am  **Gaps in Knowledge - CardioDiabetes**

- 12+6min  Efficacy and safety of SGLT2 inhibitors in elderly - M Fisher
- 12+6min  Nocturnal hypertension in diabetes - JJ Dalal
- 12+6min  Who should be the Leader? Diabetologist, Nephrologist or Cardiologist? - A Kirpalani
- 12+6min  Aspirin for primary prevention in Diabetes - JS Bhuvaneshwaran
  - 15min  Discussion

10.15-10.45am  **Break**
10.45-12.00noon  Debate & Discuss

- Should HbA1c still be the main target for diabetes treatment?
  15min • Pro - U Ayyagari
  15min • Con - P Gaede
  3min • Rebuttal I
  3min • Rebuttal II
  10min • Discussion
  18min • Controversies about HbA1c targets - Gananpathi
  10min • Discussion

12.00-1.15pm  Targets.....Targets.....Targets.....

- Blood pressure target to <120 /<70 mmHg associates with poor outcome
  15min • Pro - A Bhagwat
  15min • Con - PP Mohanan
  3min • Rebuttal I
  3min • Rebuttal II
  10min • Discussion
  18min • HT Management - Identifying right patient & right target
           - B Williams
  10min • Discussion

1.15-2.00pm  Lunch

2.00-3.15pm  Insulin Symposium

  15min • Moving from Orals to Injectables.... Why, When & How?
           - A Nigam
  15min • Choosing basal insulin over SGLT2 inhibitors - P Gaede
  15min • BE-SMART: Basal Early Strategies to Maximize A1C Reduction with Oral Therapy - V Neglur
  15min • Dissecting head to head data of newer generation basal insulin - AG Unnikrishnan
  15min • Discussion

3.15-4.30pm  The real science behind what we eat!

  18min • Gut response to food - E Ferrannini
  15min • Intermittent fasting - Ganapathy
  18min • Scientific evidence of diet in cardio-metabolic health
           - Rajiv Gupta
  20min • Discussion
## DAY II 9TH NOV, SATURDAY  HALL III

### 4.30-5.15pm  
**Adda Break**

### 5.15-6.30pm  
**Open Mike symposium**
- 8 slides + 10mins • Reducing obesity with antidiabetics - S Shaikh
- 8 slides + 10mins • Postprandial hyperglycemia - A Nigam
- 8 slides + 10mins • Pioglitazon in clinical practice - M John
  - Discussion

### 6.30-7.00pm  
**Award Ceremony**
- 15min • Legends Talk
  - Legend of Diabetes Award

- 7.00pm  
  Champagne Reception

- 7.30pm  
  Dinner

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### 9.00-10.15am
**Digital apps for diabetes treatment and prevention: opportunities and challenges**
- Doctor and patient perspective
- Diabetes educator perspective
- Revenue model for the doctor
- Revenue for the industry

### 10.15-10.45am
**Break**

### 10.45-12.00noon
**Contentious issues in management of Young Diabetics (<40yrs)**
- 12+6min • Dealing with atypical diabetes in India - Ganapathi
- 12+6min • Should we start insulin early? - R Adlyn
- 12+6min • Should everybody receive Aspirin & Statin? - A Banerjee
- 12+6min • Are DPP4 inhibitors still second line therapy after Metformin? - M Fisher
  - Discussion
12.00-1.15pm  Contentious issues in management of Diabetes

12+6min  • Anemia Ferritin and Iron therapy in diabetes- V.Negalur
12+6min  • Fatty Liver which tests? which OADs? -A Nigam
12+6min  • D2d study- Vit D and type 2 diabetes- Sunil Kota
12+6min  • Range of blood glucose in a day A new target?in type 2 dm - S Shaikh

1.15-2.00pm  Lunch

2.00-3.15pm  Contentious issues - Management of HF

12+6min  • IV decongestion therapy in-hospital - K Sharma
12+6min  • Mineralocorticoid receptor antagonists - GL Sharma
12+6min  • When to start beta blockers? - A Naik
12+6min  • How to prevent hyponatrimia? - S Banerjee

3.15-4.30pm  So called Vices - Advising patients based on science

15min  • The Chocolates - Shilpa Joshi
15min  • The red wine - S Kale
15min  • Alcohol - S Ray
30min  • Discussion

DAY II  9TH NOV.SATURDAY  EACD Classroom

9.00-10.00am  EACD Module III

• Pregnancy & Diabetes- Moderators-S.Kale , S.Shaikh
• Case Based Discussions

10.00-10.45am  EACD Module III

• Thyroid Disorders- Moderators-S.Shah, M.John
• Case Based Discussions

4.30-5.15pm  EACD Module III

• Managing type 1 DM-Important aspects- Moderators-A Nigam, M.John
• Case Based Discussions
8.15-9.15am  Breakfast session - Living Longer Living Better

15+4min  The Secret to Good Health : 10,000 Steps, fitbit & the science
        - T Nair
15+4min  Imaging retina for vascular Heath - HM Mardikar
15+4min  New devices, asymptomatic A Fib & stroke reduction?
        - A Bhagwat

9.15-10.45am  Prioritizing injectable therapies in diabetes

20min  GLP1RAs: From anti-diabetic to cardiometabolic drug
        - M Nauck
12min  CV safety with basal insulins -Uday Phadake
12min  Tackling Post Prandial Peaks and Outcomes - S.Kale
12min  Achieving Glycemic Goals :Indian reality- Vijay Vishwanathan
20min  Discussion

10.45-12.15pm  EASD Highlights

15min  Comparing metformin vs metformin pus Vildagliptin -
        the VERIFY trial - P Gaede
15min  Comparing degludec vs U200 glargine - the CONCLUDE trial
        - P Gaede
15min  Comparing semaglutide vs canagliflozin - the SUSTAIN 8 trial -
        M Fisher
15min  CV outcomes with linaglitin vs glimepiride - the CAROLINA trial
        - M Fisher
15min  Discussion

12.15-1.30pm  Futuristic view of cardio-diabetes management

   - Introduction
18min +6min  Incretin-based therapies: where will we be 50 years from now?
        - M Nauck
18min +6min  What Does the Future Hold? - E Ferrannini
10min  Discussion

1.00pm  Lunch
9.15-10.45am **Guest Lectures**

- 25+5min • The need for new trials of old drugs: ACEi/ARB and beta blockers in post MI patients - B Gersh
- 25+5min • Takustubo Cardiomyopathy - J Bax
- 25+5min • The very high risk CVD-role of PCSK9 inhibitors - JJ Dalal
  • Discussion

10.45-12.15pm **Stroke for Physicians**

- 25+5min • Acute stroke: Time is brain - S Hastak
- 15+5min • Control of BP in stroke - S Bansal
- 15+5min • Algorithm Based Management with Dabigatran - G Koshy
  • Discussion

10.45-12.15pm **Clinical Scenarios**

- 12+6min • Calcium score & CT coronary angio in high risk patients - MS Hiremath
- 12+6min • What Physicians should know about FFR? - R Mathew
- 12+6min • Heart rate reduction - S Sathe
- 12+6min • Type A Aortic dissection: a tough call - S Banerjee
  • Discussion

1.00pm **Lunch**
EASD Postgraduate Education Course

11.00am-12.15pm Session I
- Introduction
- 30min Glycaemic management to reduce micro and macro-vascular disease - M Fisher
- Discussion
- 30min Insulin management for type 1 and type 2 diabetes - P Gaede
- Discussion
- Closing Remarks

12.15-1.00pm Workshop I
- Glycaemic management to reduce micro and macro-vascular disease

1.00-1.45pm Lunch

1.45-2.30pm Workshop II
- Insulin management for type 1 and type 2 diabetes

2.30-3.45pm Session II
- Introduction
- 30min Multi-risk factor interventions - Steno 2 and beyond - P Gaede
- Discussion
- 30min Future prospects for glycaemia, lipids and blood pressure management - M Fisher
- Discussion
- Closing Remarks

3.45-4.00pm Certification & photograph